

## APPROVED

### Must Be

These brands and types:

8th Continent Soymilk  
Half-gallon containers  
Refrigerated  
Original or Vanilla

Pacific Ultra Soy  
32 oz (quart) containers  
Shelf-stable  
Plain or Vanilla



## NOT APPROVED

### Do Not Buy

Brands, sizes, and types not listed as approved

### Shopping Tip

You can buy quarts, half gallons, or a combination when "quart(s) soy beverage" is printed on the check.

## APPROVED

### Must Be

12 oz to 16 oz container

Calcium-set

Plain



### You Can Choose

Any brand

Refrigerated or shelf-stable

## NOT APPROVED

### Do Not Buy

Sizes and types not listed as approved

Sizes other than 12 oz to 16 oz

Added flavors, foods, or spices

Baked, cubed, or sliced

Dessert tofu

### Shopping Tip

You can choose **any brand** of tofu. **Some examples** are listed below.

Azumaya Extra Firm  
Azumaya Firm  
Azumaya Silken  
Frieda's Extra Firm  
Frieda's Firm  
Frieda's Soft  
House Foods Organic Extra Firm  
House Foods Organic Firm  
House Foods Organic Medium Firm  
House Foods Organic Soft (Silken)  
House Foods Premium Extra Firm  
House Foods Premium Extra Soft  
House Foods Premium Firm  
House Foods Premium Medium Firm

House Foods Premium Soft (Silken)  
Mori-Nu Organic Silken Extra Firm  
Mori-Nu Organic Silken Firm  
Mori-Nu Organic Silken Lite Firm  
Nasoya Lite Firm  
Nasoya Lite Silken  
Nasoya Organic Extra Firm  
Nasoya Organic Firm  
Nasoya Organic Silken  
Nasoya Organic Soft  
Safeway O Organics Extra Firm  
Safeway O Organics Firm  
Sun Luck Chinese Style Firm  
Sun Luck Japanese Style  
Sun Luck Nugoshi Soft